



BACP WEEKLY ACTIVITIES: 2020 JAN - MAR

	MON	TUE	WED	THU	FRI	SAT	SUN	
AM/PM	<p>GYM - MEN 10.00 –3.00</p> <p>WOMEN'S GROUP - TAJWEED/DISCUSSION CIRCLE 10.00-12.00</p> <p>AD-HOC ACTIVITY DAY (Luncheon club, talks etc; watch out for time and event)</p> <p>MOTHERS AND TODDLERS GROUP 11.00-12.00</p> <p>COMMUNITY ICT HUB – DROP IN 10.00 – 3.00</p>	<p>DROP –IN ADVICE SERVICE – ASKIR BAIG 10.00 – 12.30</p> <p>GYM - WOMEN 10..00 – 3.00</p> <p>BACP WOMEN'S WELLBEING GROUP 11.00-1.00</p> <p>COMMUNITY ICT HUB – DROP IN 10.00 – 3.00</p>	<p>ACTIVE AGEING ,DAY CARE & GENTLE EXERCISE SESSION - 10.30 -12.30</p> <p>GYM - WOMEN 10.00 – 3.00</p> <p>TALK ENGLISH class 10.00-12.00</p> <p>JOB CLUB 12.30 – 2.45</p> <p>IT 1-2-1 SUPPORT 12.30 – 2.45</p> <p>TALK ARABIC Class 1.00 -3.00</p> <p>COMMUNITY ICT HUB – DROP IN 10.00 – 3.00</p>	<p>DROP –IN ADVICE SERVICE – ASKIR BAIG 10.00 – 12.30</p> <p>GYM - WOMEN 10..00 – 3.00</p> <p>WOMEN'S GROUP - TAJWEED CLASS 10.00-12.00</p> <p>SHAPLA USER GROUP ACTIVITIES 11.00 -1.00</p> <p>OVER 50S COFFEE AFTERNOON 1.30 - 3.00 (Last Thursday of the month)</p> <p>COMMUNITY ICT HUB – DROP IN 10.00 – 3.00</p>		<p>FRIDAY COMMUNITY GET-TOGETHER 1.15 – 3.00 (WINTER TIME)</p> <p>GYM- WOMEN 4.30 –7.30</p> <p>CENTRE OPEN FOR EXTERNAL BOOKINGS /OTHER ADHOC ACTIVITIES 3.00 – 9.00</p>	<p>CENTRE OPEN FOR EXTERNAL BOOKINGS/ OTHER ADHOC ACTIVITIES 11.00 -9.00</p>	<p>BANGLA - SCHOOL 11.00 – 1..00</p> <p>GYM-WOMEN 11.00- 2.00</p> <p>CENTRE OPEN FOR EXTERNAL BOOKINGS /OTHER ADHOC ACTIVITIES 3.00 – 9.00</p>
EVENING	<p>GYM -WOMEN 4.30 – 7.30</p> <p>CENTRE OPEN FOR EXTERNAL BOOKINGS /OTHER ADHOC ACTIVITIES 3.00 – 9.00</p>	<p>CENTRE OPEN FOR EXTERNAL BOOKINGS /OTHER ADHOC ACTIVITIES 3.00 – 9.00</p>	<p>CENTRE OPEN FOR EXTERNAL BOOKINGS /OTHER ADHOC ACTIVITIES 3.00 – 9.00</p>	<p>CENTRE OPEN FOR EXTERNAL BOOKINGS /OTHER ADHOC ACTIVITIES 3.00 – 9.00</p>	<p>CENTRE OPEN FOR EXTERNAL BOOKINGS /OTHER ADHOC ACTIVITIES 3.00 – 9.00</p>	<p>CENTRE OPEN FOR EXTERNAL BOOKINGS /OTHER ADHOC ACTIVITIES 3.00 – 9.00</p>	<p>CENTRE OPEN FOR EXTERNAL BOOKINGS /OTHER ADHOC ACTIVITIES 3.00 – 9.00</p>	



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